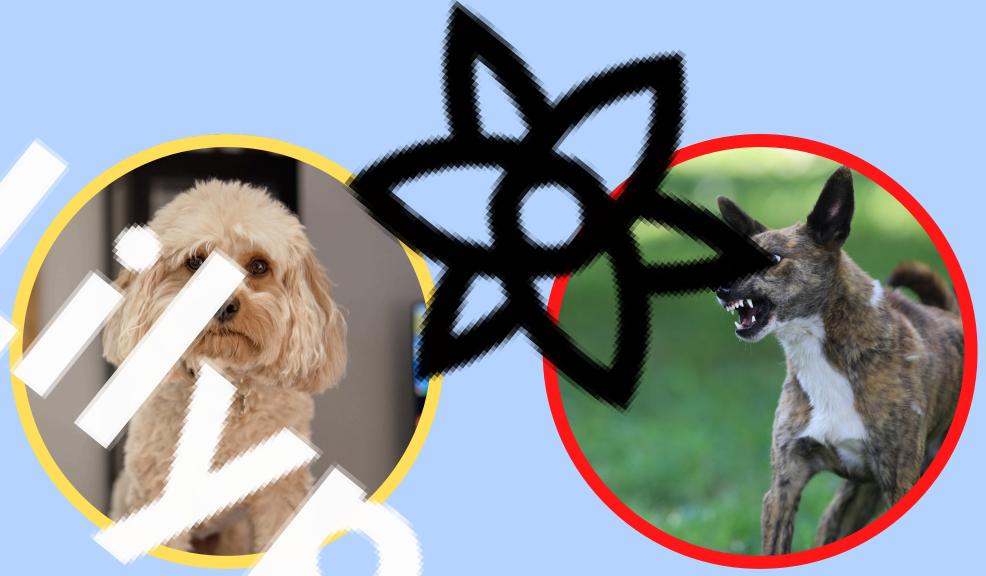
# Threshold

Your dog's **threshold** is the line where they go from being fine around a particular trigger to getting worried. When helping dogs with fear, anxiety or aggression, it is important that we work **under threshold** ("in the green zone"). Your dog will not be receptive to training if s/he is over threshold.



#### **Green Zon**

Your dog can see the trigger, but can easily disengage. S/he is under threshold. Proceed with training here.



#### Yello Zone

Your dog is now having trouble

agir from the trigger but has

not ye ted. S/he is on the verge

of content threshold. Increase

discrept decrease intensity

or gger ASAP.

#### **Red Zone**

Your dog is no arking, lunging, grand and angle or engaging in blows ampts to flee. S/he is cold. Increase distance from occrease intensity of trigger ASAP.

## Signs your dog is in the green zone

- Can easily look away from trigger
- Is able to respond to known cues and marker words
- Is interested in food and accepts with a soft mouth
- Displays relaxed body language (loose, wiggly body, relaxed tail position, neutral ears, soft eyes and relaxed mouth)

# Signs your air in the yellow zo

- Prolonged staring at trigger
- Hair standing up on back
- Ears and/or tail alert
- Ears back and/or tail tucked
- Not able to respond to known cues
- Not accepting food or taking food with a hard mouth
- Lip licking, yawning, cowering, panting, wide eyes, tight mouth
- Moving or leaning away from the trigger

### Signs your dog is in the red zone

- Barking
- Lunging
- Whining
- Growling
- Biting/snapping
- Pinning/attacking
- Attempts to flee
- Freezing in place
- Nervous body language (see yellow zone)